

CLASSICAL BALLET CONSERVATORY POLICIES



**CLASSICAL BALLET
CONSERVATORY**
Lisa's Dance Connection

**2024-2025
DANCE YEAR**

WELCOME!

Classical Ballet Conservatory Families,

Welcome to another exciting season at the Classical Ballet Conservatory at Lisa's Dance Connection! We are delighted to have your family join us for a year filled with growth, artistry, and memorable performances. Our commitment to preserving a strong classical ballet tradition ensures that each dancer receives exceptional in-studio training and multiple on-stage performance opportunities to shine on stage.

As we embark on this journey together, please take a moment to review the following key information to help you and your dancer prepare for a successful year in our Classical Ballet Conservatory at Lisa's Dance Connection.

The Classical Ballet Conservatory at Lisa's Dance Connection offers a rigorous, syllabus-based curriculum designed for dancers aged 5 to adult. Our program emphasizes classical ballet techniques, discipline, and performance opportunities. Placement in classes is based on individual skill and mastery, not necessarily age. Dancers may register for CBC Preparatory Ballet (5-7 year olds) and CBC Elementary Ballet (8-10 year olds) without prior approval. Dancers ages 10+ should email cbc@lisasdance.com for registration guidance. An evaluation may be necessary to determine placement. In addition to pre-syllabus levels CBC Preparatory Ballet and CBC Elementary Ballet, the Classical Ballet Conservatory offers CBC 1 Ballet, CBC 2 Ballet, CBC 3 Ballet, CBC Technique, CBC 5 Ballet, CBC Pointe 1, CBC Pointe 2, and CBC Pointe 3 classes. Teaming up with XLR8 Dance Company at Lisa's Dance Connection, the Classical Ballet Conservatory has a pre-professional ballet company, Illumin8 Ballet Company, which gives dancers additional competitive and performance opportunities. Dancers should anticipate staying in each level for at least 2 years or more before moving into the next level.

Program Commitment

September through May (Classes begin September 3, 2024)

Performance Opportunities

The Nutcracker Ballet and Spring Ballet (themed each year). Dancers taking the required amount of weekly CBC classes for their assigned level are eligible for Nutcracker: Preparatory (1x/week), Elementary (1x/week), CBC 1 (2x/week), CBC 2 (2x/week), CBC 3 and CBC 5 (2-3x/week based on individual placement and/or pointe assignment). CBC 3 and 5 dancers should contact Mrs. Danielle for clarification on their specific amount of required weekly classes.

The Nutcracker Ballet - December 13-15, 2024 (Dress Rehearsal - December 12)

Registration to perform in The Nutcracker Ballet will begin in August and will be due September 15. Check Band and your email for instructions around that time. Only dancers registered for Nutcracker will be able to participate. Rehearsals will be held outside of class for Nutcracker, usually Fridays and/or Saturdays depending on assigned role.

Spring Ballet (theme TBA) - May 2-3, 2025 (Dress Rehearsal - May 1)

We assume all families will participate in our Spring Ballet. If a dancer wishes to opt-out of performing in the Spring Ballet, an email must be sent to cbc@lisasdance.com notifying us of your intent to opt-out by January 17, 2025.

Attendance and Commitment

Consistent attendance is crucial for progress and participation in performances. Please ensure your dancer can balance their schedule to accommodate the minimum required classes and rehearsal times. Excessive absences may affect their placement and eligibility for performances.

Dress Code and Class Etiquette

Adhering to our dress code and class etiquette helps maintain a focused and professional environment. Dancers should arrive prepared with proper attire and hair neatly secured in a bun. Respectful behavior and punctuality are expected at all times. Cover-ups should be worn to and from the building. DO NOT wear ballet shoes outside. Dancers should NEVER purchase pointe shoes for at home use without prior approval for Pointe by the CBC Director. This is a major concern for the safety of your dancer and the longevity of their ballet career. Dancing in pointe shoes prior to being ready can be extremely detrimental to your dancer's anatomy and development.

NEW THIS YEAR: ALL CBC BALLET ATTIRE WILL BE PURCHASED THROUGH LDC. CBC dress code has changed since last year. Instructions to place order will be posted on Band and emailed to families enrolled in CBC classes towards August.

We use multiple modes of communication to keep families updated:

Band App: Download the app for immediate updates and communication! This is our most common mode of communication with CBC families. Join the group now: <https://band.us/n/ada004Zea6xdv> or SCAN QR CODE BELOW.



Email: cbc@liskasdance.com (general CBC inquiries), danielle@liskasdance.com (CBC Program inquiries), melindak@liskasdance.com (CBC Performance inquiries)

Handouts: Check your dancer's bag after each class to ensure you receive notes when we send them home.

Facebook: Lisa's Dance Connection Facebook Page (main public page), Classical Ballet Conservatory at Lisa's Dance Connection FB Page (public page), LDC Conservatory FB Group (private group)

We are confident that this year will be filled with artistic and technical growth, new friendships, and inspiring performances. Thank you for entrusting us with your dancer's classical ballet education.

Looking forward to dancing with you soon,

Rachel Edelbrock, Director of Lisa's Dance Connection (rachel@liskasdance.com)
Danielle Drake, CBC Program Director (danielle@liskasdance.com)
Melinda Kunz, CBC Performance Director (melindak@liskasdance.com)